

Naming Our Walls

Numbers 13:1-14:9

Walls are unhealthy mindsets that keep us from experiencing God's best for us.

Faith breakthrough is the process of breaking down our walls.

THE ANATOMY OF FAITH BREAKTHROUGHS

3 Core Realities

❶ It's not a walk in the park. (13:1-20)

✓ blessing of a faith breakthrough.

✓ challenges of a faith breakthrough.

❷ It involves unwavering focus. (13:26-33)

✓ Walls become more imposing.

✓ We become more diminished.

✓ God becomes more distant.

❸ It requires naming our walls (14:5-9)

✓ invite God's resources to the fight.

✓ expose our dependence on God.

REALife Application

1. Describe a time when a painful situation became more bearable because you thought about it differently.

2. Remember the great Wall between us and God: "Shame." Does anyone have a story about the time in your life that God "broke through" the Wall of Guilt separating you from Him?

3. Describe a few of your "not the way it should be" situations from the past week.

a. How did you respond to those situations?

b. Is there a pattern to your responses? (Maybe you get angry, or try to fix it, or retreat...)

c. Based on that pattern, what name would you give to your Wall?

4. How can your group pray for you tonight?

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